

Family Health History Tree



Father

Name:
Health condition:

Age it started:

Me

Name:
Health condition:

Age it started:

Mother

Name:
Health condition:

Age it started:

Grandfather

Name:
Health condition:

Age it started:

Great-grandfather

Name:
Health condition:

Age it started:

Great-grandmother

Name:
Health condition:

Age it started:

Grandmother

Name:
Health condition:

Age it started:

Great-grandfather

Name:
Health condition:

Age it started:

Great-grandmother

Name:
Health condition:

Age it started:

Grandfather

Name:
Health condition:

Age it started:

Great-grandfather

Name:
Health condition:

Age it started:

Great-grandmother

Name:
Health condition:

Age it started:

Grandmother

Name:
Health condition:

Age it started:

Great-grandfather

Name:
Health condition:

Age it started:

Great-grandmother

Name:
Health condition:

Age it started:

How to use your family health history tree:

Take these steps to start your family health history journey and learn more about your family's health.

1. Fill out this form with help from family members.
2. Bring it to your next doctor's visit.
3. Talk to your doctor about your family's health and what it means for you.