Family Health History Tree



	Grandfather	Great- grandfather	Great- grandmother
	Name:	Name:	Name:
	Health condition:	Health condition:	Health condition:
Father	••••••		
Name:	Age it started:	Age it started:	Age it started:
Health condition:	-	-	
	Grandmother	Great- grandfather	Great- grandmother
Age it started:	Name:	Name:	Name:
	Health condition:	Health condition:	Health condition:
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	Age it started:	Age it started:	Age it started:
ion:	•		-
	Grandfather	Great- grandfather	Great- grandmother
:	Name:	Name:	Name:
	Health condition:	Health condition:	Health condition:
Mother			
Name:	Age it started:	Age it started:	Age it started:
Health condition:	i		E
	Grandmother	Great- grandfather	Great- grandmother
Age it started:	Name:	Name:	Name:
nge it starteu.	Health condition:	Health condition:	Health condition:
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	Age it started:	Age it started:	Age it started:
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How to use your family health history tree: Take these steps to start your family health history journey and learn more about your family's health.

1. Fill out this form with help from family members.

- 2. Bring it to your next doctor's visit.
- 3. Talk to your doctor about your family's health and what it means for you.

